

## Clinical study report

# Effects of the the EPI (Extraction of Pathological Information) treatment method on grass pollen allergy and dairy product intolerance

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*EPI treatments administered by:* Hannes Jacob, therapist, Neuchâtel (Switzerland)

## Introduction

Allergies are excessive immune reactions against a foreign substance (mostly an allergen or a protein) which is a priori and usually inoffensive.

They are continually growing in numbers and impact 25 to 30% of the population.

They manifest in multiple ways and may be generalized (the most severe one being the anaphylactic shock which may lead to death) or localized (cutaneous, digestive, ENT, pulmonary, and other manifestations).

Allergies can be divided into several categories, classified by their type of contact with the organism: by inhalation (pneumallergens or aeroallergens), food or drug ingestion (trophallergens), skin contact or insect stings.

Treatments with curative design are not always effective, especially in the long term, and symptomatic treatments which may include the administration of corticoids can be restricting and produce considerable secondary effects.

Thus becomes obvious the significance of alternative methods such as the *EPI* treatment method which is the subject of this study, notably with regard to the treatment of grass pollen allergy (which impacts between 15 and 20% of the western population) as well as milk protein allergy (for which conventional medicine has not brought forward any treatment to this day). It should be noted that dairy product allergy includes lactose intolerance (which impacts between 15 and 30% of the western population) as well as dairy product allergy which is an allergy against milk proteins (with a maximum frequency of 7.5%) and which can be associated with other allergies, notably with pollen allergy or gluten allergy.

## The EPI treatment method

*Extraction of Pathological Information (EPI)* is the designation of the alternative treatment method recently developed by Hannes Jacob and currently applied exclusively by himself in Neuchâtel, Switzerland. It is taught at Fréquences, Swiss School for Healing, which was founded in 2005 by Hannes Jacob.

## Procedure

The entire treatment generally includes 2 sessions, each one lasting 10 to 20 minutes. The patient is required to lie on the back and/or the stomach, the treatment consists of the massage of several spots on the body and is administered by the therapist using natural oil to protect the skin. In the case of certain pathologies, the patient is required immediately after the treatment to inhale or ingest the product which previously caused adverse reactions – a necessary step which helps the body to reintegrate a normal information.

## Explanation

The method is built on the comprehension of the spiritual dimension of the human being.

During life, the human being constantly inscribes new information in the “non-physical” component of her body. Events with a degree of traumatic character can lead to the inscription of pathological information which as a consequence expresses itself in the physical body in the form of various illnesses or symptoms.

This method allows the practitioner – who acts as a passive channel through whom spiritual energy is transmitted – to erase the pathological information in the non-physical component of the body. This immaterial process will as a consequence manifest its material expression in the physical body of the patient, in the form of the disappearance of the symptoms.

This method therefor allows for the elimination of the underlying cause, rather than for the treatment of symptoms.

## Application range

The *EPI* treatment method has recently been applied successfully in situations as varied as pain relief and easing of secondary effects caused by chemotherapies, the treatment of phobia, fibromyalgia, osteoarthritis, arthritis, spondyloarthritis, restless leg syndrome, migraine, menstrual pain, glaucoma and other ophthalmic pathologies, generalized and chronic pain, food allergies, allergies caused by various substances such as materials, pollen and other substances, epilepsy, eczema, gastric troubles and other health issues.

## Substance and method

### Sample

The study included 60 voluntary and informed patients (with parental accord for minors), 35 of which had been suffering from allergic manifestations caused by grass pollen, 6 from dairy product intolerance, and the remaining 19 from both.

Thus, 54 cases of grass pollen allergy and 25 cases of dairy product allergy or intolerance have been examined, leading to a total of 79 cases.

The study sample included 39 women aged 17 to 63 years, 16 men aged 28 to 55 years, and 5 adolescents aged 9 to 15 years who had been receiving treatment for these issues during several years using various treatment methods.

### Session procedure

The study subjects have benefited from 2 sessions of the above described *EPI* treatment method, separated by 2 weeks, during the months of Mai and July 2017 in Neuchâtel (Switzerland); at the

end of each session, an “exposure” to the related allergen(s) was conducted immediately: Ingestion of a glass of milk and/or exposure to grass, the study having taken place during spring.

A third session, held two weeks after the second session, has allowed for the evaluation of the two preceding sessions.

## **Data collection**

During the first session, a precise examination allows for the itemizing of the manifestations linked to these allergies, by classifying them according to:

a) their location: Eyes, nose, ears, mouth, throat, respiratory system, skin, digestive system, joints, general signs,

b) their symptoms: Pain, inflammations (conjunctivitis, rhinitis, etc.), pruritus, cough, asthma, headache, tiredness, digestive troubles.

At the beginning of the second and third session, a new detailed examination allows for the description of the evolution of the symptoms that have been stated by the patients and itemized during the first session, thereby assigning them to one of the following categories:

1. Complete disappearance
2. Significant improvement
3. Partial improvement
4. No improvement
5. Aggravation

A global statistical evaluation is carried out by symptom, by category, in percentage values.

Additionally, medication which is necessary before and after the treatments is taken note of.

An email questionnaire 4 months after the final session allows for an evaluation at distance in order to determine whether or not the results are maintained in the long term, thereby taking into account the placebo effect.

## **Results**

The analysis of the results leads to the following observations.

### **Grass pollen allergy**

A complete disappearance of the symptoms is observed with 16 out of 54 (30%) patients allergic to grass pollen. 3 of the results which show a complete disappearance already after the first session have partially deteriorated between the first and the second evaluation, while still remaining satisfying (significant improvement); whereas for the 13 other cases of complete disappearance, the improvement was only important (9 cases) or partial (4 cases) after the first session.

No permanent case of complete disappearance of the symptoms has been observed with only one session.

Twenty-six (48%) patients allergic to grass pollen have benefited from a significant improvement, obtained by the the majority of them (18/26) with the first session.

Seven other patients have gotten a partial improvement of the symptoms, obtained with the first session by 1 of them (not improved with the second session), with the second session by 2 of them; 4 of them have observed a recurrence of the symptoms nevertheless partially improved with the first session.

The 5 remaining patients have not obtained any improvement.

No persisting aggravation of the symptoms could be observed.

Overall, 91% of the patients (49 patients) have obtained a complete disappearance of the symptoms or an improvement.

## **Dairy product intolerance**

With regard to dairy product intolerance, the complete disappearance of the signs of intolerance are observed in 15 out of 25 cases (60%), with only one case of partial recurrence of the symptoms before the second session, but which still shows a significant improvement compared to the initial state.

The complete disappearance is obtained with the first session in 7 cases (28%).

Seven patients have gotten a significant improvement, obtained with the first session by six of them.

Three patients have obtained a partial improvement only.

No persisting aggravation of the symptoms could be observed.

Overall, 100% of the patients (25 patients) have obtained a complete disappearance of the symptoms or an improvement.

## **Interdependence**

The improvements have manifested predominantly in parallel for patients suffering from both allergies, quicker for the dairy product intolerance than for the grass pollen allergy. Only two patients have not observed any significant improvement of their grass pollen allergy while their dairy product intolerance has significantly improved or has disappeared.

## **Conclusion**

For decades, conventional medicine has very well described, documented, analyzed and treated allergies, but only with respect to the immune system using desensitization treatments and corticoids for the most severe and acute cases, and antihistamines for symptomatic treatment.

Today, we bring to your attention a new therapeutic approach for allergies and the phenomenon of food intolerance, in the form of an innovative physical energetic treatment: the *EPI* treatment method.

It is thus far a unique therapy, well specified and well documented. The methodology borrows its framework from conventional medicine, with the exception of the absent placebo group. The description and analysis of the cases, even if the patient cohort of 79 overall is not very significant, shows a remarkable effectiveness for the *EPI* treatment method.

We take note of convincing results, without any secondary or collateral effects, no aggravation of the pathology and no intolerance.

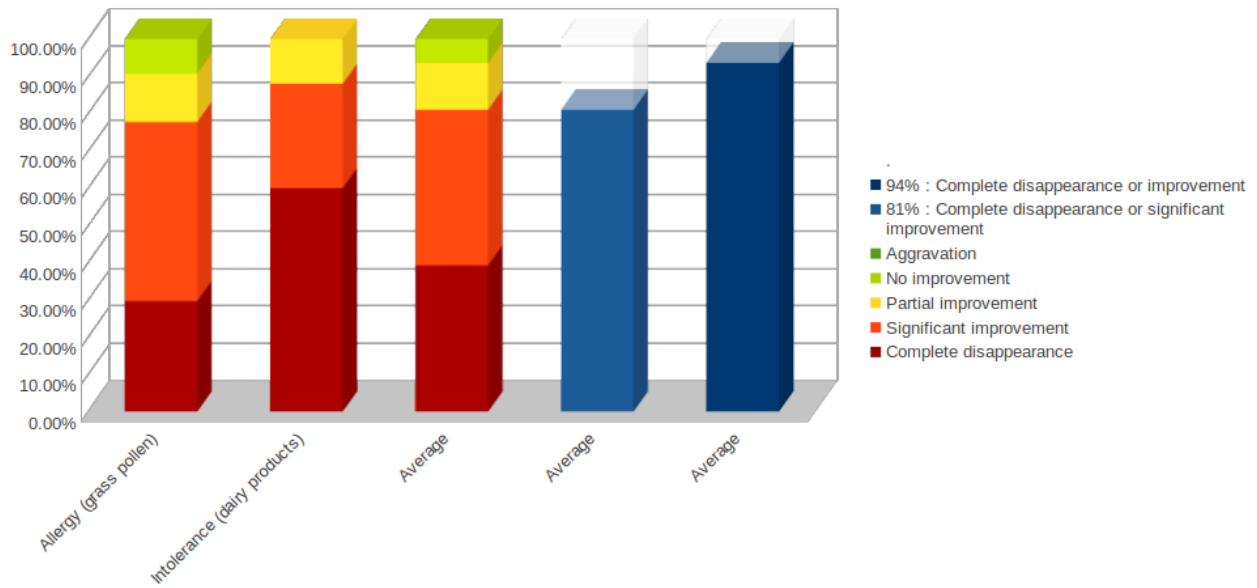
The analysis of the different charts shows a very significant improvement for all symptoms and health issues stated by the patients. Both subjective and objective measurements have all highlighted a very significant improvement.

The treatment of dairy product intolerance and grass pollen allergy has shown largely equal results, although the improvement of dairy product intolerance appeared earlier and was slightly more significant.

The results obtained are very superior to those known from conventional medicine. Without a doubt, a study of this kind must be continued and even repeated in order to highlight the effectiveness and reproducibility in the long term. The domain of energetic treatments shows us a new therapeutic approach which is expected to lead us towards new concepts in the future: refined concepts going into more detail in order to further develop this approach which offers patients only advantages, without any inconvenience or mental or physical secondary effects, as this *EPI* study shows.

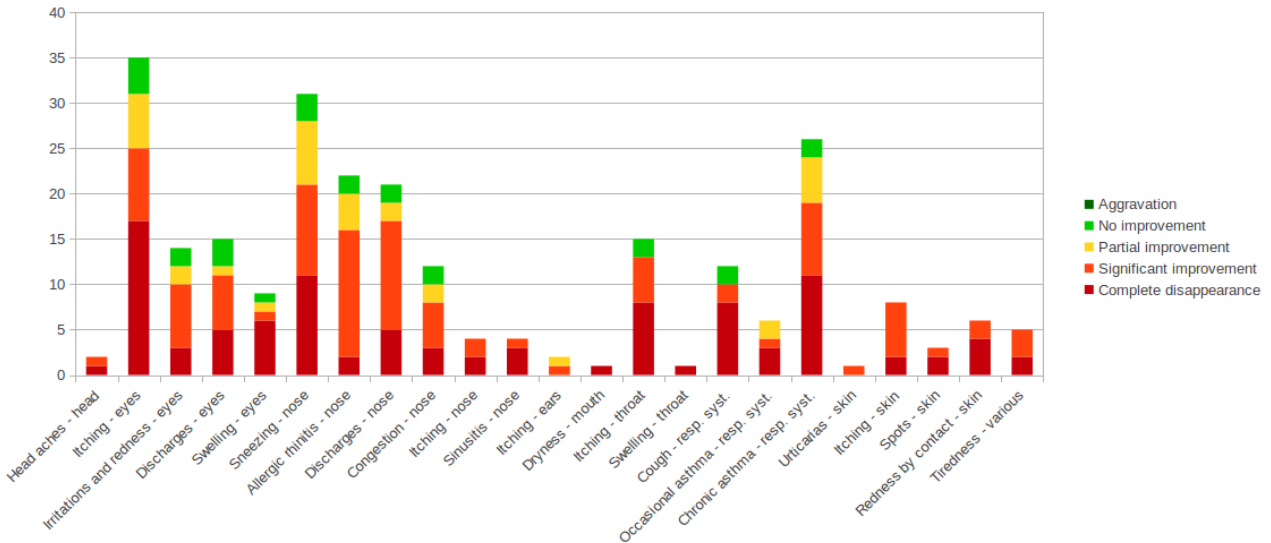
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Study: Extraction of Pathological Information (EPI)  
 Allergy (grass pollen) & Intolerance (dairy products): Treatment II + 4 months



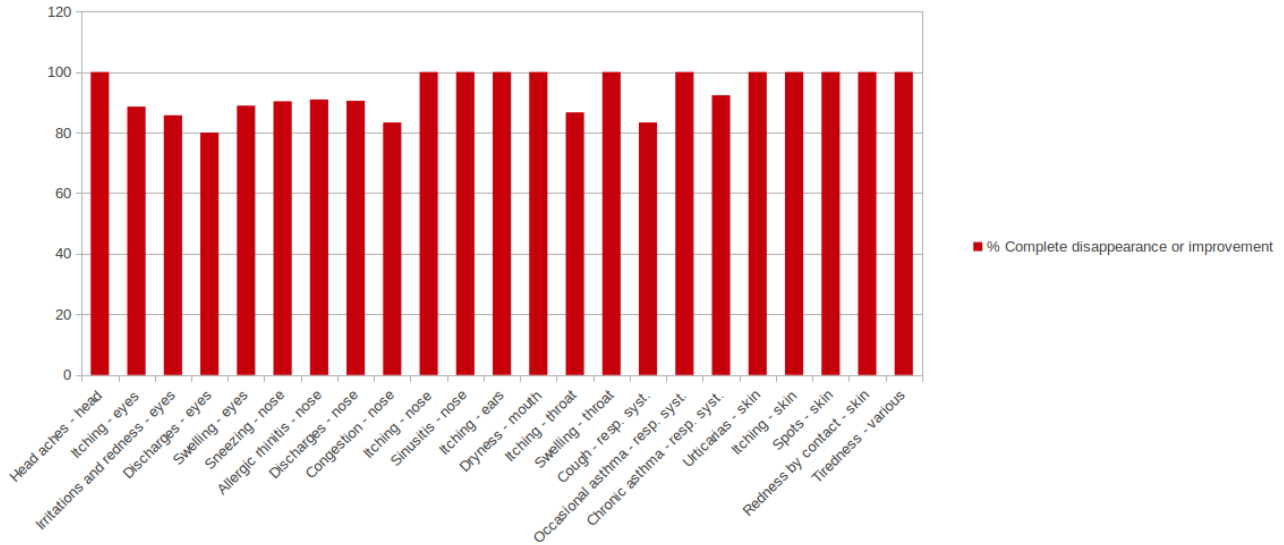
**Grass pollen allergy and dairy product intolerance: Summary results.**

Study: Extraction of Pathological Information (EPI)  
 Allergy (grass pollen): Treatment II + 4 months



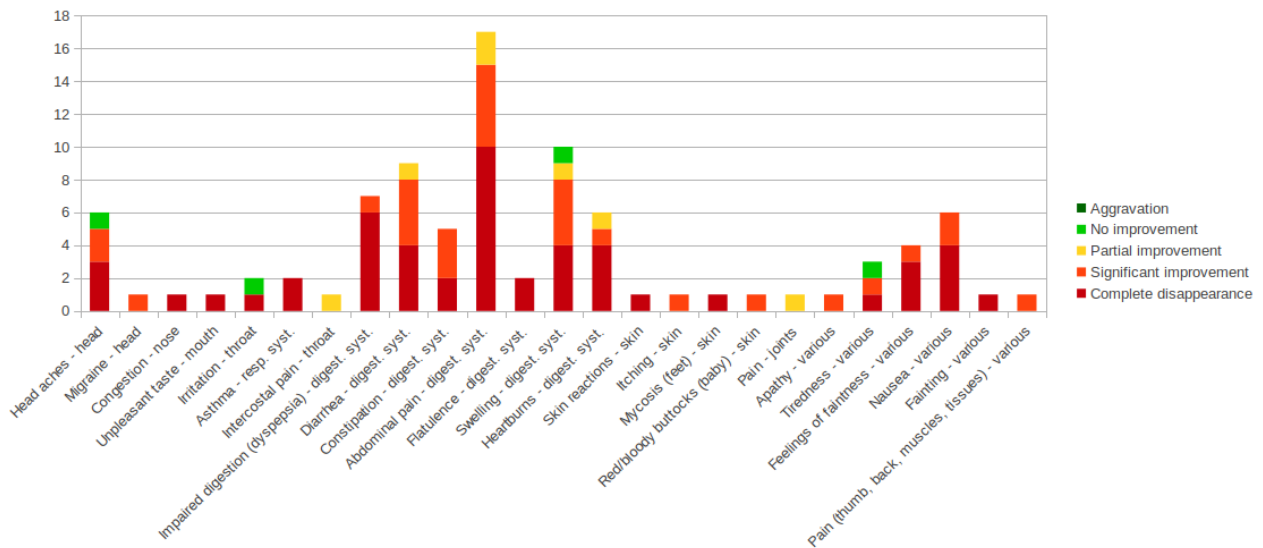
**Grass pollen allergy: Improvement by symptoms - Number of cases by improvement category (4 months after the last treatment).**

Study: Extraction of Pathological Information (EPI)  
Allergy (grass pollen): Treatment II + 4 months

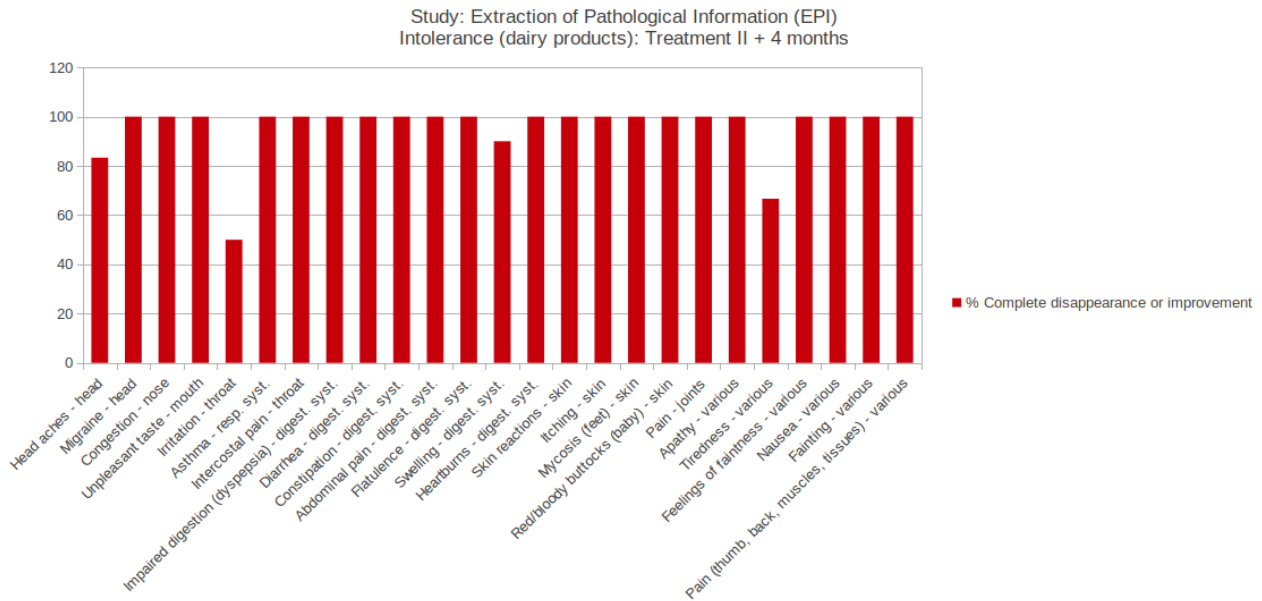


**Grass pollen allergy:** Improvement by symptoms - Percentages of complete disappearance or improvement of the symptoms (4 months after the last treatment).

Study: Extraction of Pathological Information (EPI)  
Intolerance (dairy products): Treatment II + 4 months



**Dairy product intolerance:** Improvement by symptoms - Number of cases by improvement category (4 months after the last treatment).



**Dairy product intolerance:** Improvement by symptoms - Percentages of complete disappearance or improvement of the symptoms (4 months after the last treatment).

## Commentary from the intermediary report

*Intermediary report established (after the second treatment) by: Jacques Fumex, M.D., gastroenterology specialist, Lyon (France)*

The results lead to the following commentary:

- The efficiency of the *EPI* treatment method is very convincing with regard to dairy product intolerance which has improved significantly in 96% of all cases.
- The efficiency is also important (76%) for grass pollen allergy and seems more important when it is linked to a dairy product intolerance.
- It therefore seems discerning to treat two allergies in parallel.
- The results remain to be evaluated in the longer term, especially several months after the second session.
- It will also be interesting to observe and study the reproducibility of this method with other practitioners.

This original study which evaluates the *EPI* treatment method, an original energetic non-drug treatment method, has proven the method's efficiency in an area in which other methods often fail. Until today, neither conventional nor complementary medicine have ever produced results that are this convincing and comparable to the mentioned improvement rates.